



# Post-Op Rehabilitation Service for adults.

- **Have you recently had surgery?**
- **Are you about to have surgery?**

The Post-Op Rehabilitation Service can organise rehab in the community or at home. Our deadly team will sort you out with equipment and a program just for you so, you can build strength, endurance, and overall wellbeing after surgery.

The service is fast and easy to access for Aboriginal and Torres Strait Islander people in Southeast Queensland, aged 18 years or older, who have had surgery in the past 12 months or are due to have surgery.



## Our services

Depending on your surgery, the Post-Op Rehabilitation Service can connect you with a range of professionals to help with your recovery including:

- adult speech pathologists
- diabetes educators
- dietitians
- exercise physiologists
- occupational therapists
- podiatrists
- pharmacists
- physiotherapists.

## The surgeries we support include:

- hip, knee, shoulder replacement or reconstruction
- arthroscopy
- fixation or fusion surgery (for broken bones)
- gastric bypass
- removal (tumour, cancer, prostate, uterus, breast, gallbladder, colon, kidney, appendix)
- heart and/or circulation related operations

For these surgeries and more, let us support you.

For further information, contact: **Mob Link** on **1800 254 354**.

The deadly team will grab some contact details and the rehab team will be in touch within 48 hours.

