

Testimonials

Testimonials shared by our BiOC mums as they were going through the program:

“As a first time mother, I couldn’t ask for a better organisation to help me throughout my pregnancy.

“Every step of the way, I was supported medically, emotionally, mentally and they even took me to my appointments. It felt like a family.”

“I feel at home when I go into the hub. Having extra hands guide us through the pregnancy or everyday tasks really does make a huge difference.”

“When I’m coming into the hub I get excited to see everyone because everyone is friendly, family orientated and makes me feel comfortable.”



Maternity Service of the Year - 2022

Australian College of Midwives

1800 MY BiOC

1800 692 462

www.iuih.org.au/bioc

Scan below to download our **Deadly Mums App** & follow us on social media



Or visit <https://linktr.ee/BiOC>



Moreton
ATSICHS



BiOC

BIRTHING IN OUR COMMUNITY



About BiOC

The Birthing in Our Community (BiOC) program has been supporting Aboriginal and/or Torres Strait Islander mums and bubs since 2013, and has dedicated hubs in Salisbury, Strathpine, Caboolture, Logan and the Bayside suburbs of Brisbane.

The BiOC service is designed for Indigenous families who prefer a culturally-safe, holistic approach to maternity care. Our families benefit from a dedicated midwifery team and family support practitioner who will journey through the mother's pregnancy, at the birth and who will walk alongside the family until bub is three years of age.



Our services

BiOC delivers a unique model of maternity and early childhood care that provides culturally informed services, with a strong focus on the social and emotional health and wellbeing of families.

The service is supported by an Indigenous workforce and is based out of a culturally-safe and welcoming Aboriginal and Torres Strait Islander community-controlled hub, giving families access to:

- a dedicated family support practitioner
- a dedicated midwifery team where a known midwife will birth baby
- a culturally intrinsic parenting model which supports connection, belonging and cultural growth
- social health; a social worker and psychologist to support you and your social and emotional wellbeing
- transportation to services and appointments
- cultural connection through community days, playgroup, belly casting, NAIDOC and many other significant events.

Where will I have my baby?

If you are a part of the BiOC program on the north side of Brisbane, you have a choice to birth at one of three hospitals: Royal Brisbane Women's Hospital, Caboolture Hospital or Redcliffe Hospital.

Accessing the program

To access BiOC at Strathpine or Caboolture, you can simply call **1800 MY BiOC** to yarn with the BiOC team. No GP referral is needed, MATSICHS or otherwise.

Once our family support practitioner connects with you, you will be welcomed into the hub to meet our deadly team who will guide you through your pregnancy journey.

