

Principles



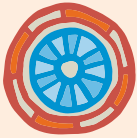
Follow your **heart's desire**



You are an **expert** in your **own life**



Focus on **solutions**



Focus on **strengths**



Only a **small change** is necessary



Australian Family Partnership Program

Contact us:

 anfpp@uih.org.au

 www.anfpp.com.au

 www.uih.org.au/afpp

Funded by the Australian Government

Our program

Congratulations on becoming a parent for the first time!

We're here to support you on your journey with our Australian Family Partnership Program (AFPP). It is a voluntary home visiting program designed to support you and your family. It focuses on your goals, strengths, and dreams for you and your new bub.

As part of the program, you will be paired with a dedicated family partnership worker and a nurse home visitor, who will become your home visiting team. They will visit you regularly at home during your pregnancy, until your bub is two years old.

Your home visiting team is committed to walking alongside and sharing your parenting journey with you. Your home visiting team will provide information and education, offer social and emotional support, answer your questions, help you discover your strengths, and help you build the skills you need to be a great parent and strong family.

Our services

Dedicated home visiting team: You will have a family partnership worker and nurse home visitor who will visit you regularly at home.

Cultural support and connection: Ensuring you stay connected to your culture and receive culturally appropriate support.

Cultural community days: Participate in cultural activities, have a yarn, and build relationships with other parents and bubs.

Educational content: We provide information and resources for your pregnancy, and as your bub grows.

Emotional and social wellbeing support: Offering support for both you and your bub to ensure overall wellbeing.

Referrals to other services: Assisting with referrals to other services that may be helpful for you and your family.

Graduation ceremony: Upon completing your two-year journey, you and your bub will be invited to a special graduation ceremony to celebrate your achievements.

Am I eligible?

To participate in the program, you need to be:

- a first-time mum, or this is the first opportunity you have to parent
- having an Aboriginal and/or Torres Strait Islander bub
- less than 28 weeks pregnant (referrals can be considered if you're over 28 weeks pregnant).

How do I join the program?

To join the program, you can:

- contact us yourself (self-refer)
- get a referral by your GP, midwife, counsellor or any other health professional (including BiOC)
- be referred by a family/community member.

Referral can be made via:

- emailing us directly – anfpp@iuih.org.au
- completing the form on the website <https://www.anfpp.com.au/how-to-join>