

What happens at the service?

Your care pathway will depend on what is going on with you.

You will be contacted by a nurse navigator from the Tess Cramond Pain & Research Centre, who will discuss how we can support you to access the clinic.

At your first appointment, you will be met by a MATSICHS nurse care coordinator who will listen and yarn with you about your pain journey so far. You will also meet with a pain medicine consultant and may meet other members of your care team.

The service also offers a nine-week group program to focus on ways to deal with your pain. It's a welcoming place to share your experience and to feel safe, supported and connected.

Where to start

For Mob connected to an Aboriginal Medical Service or mainstream service, please yarn with your GP for a referral.

For further information, please contact

☎ (07) 5428 5876

🌐 moretonatsichs.org.au/persistentpain



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PERSISTENT PAIN SERVICE

A Caring Pathway for Mob



What is persistent pain?

Pain may be felt after illness, injury or surgery. Sometimes there isn't an obvious reason. We call it persistent when it has been there for more than three months.

Living with pain can muck you up. It can affect your health, wellbeing, mood, sleep, work life and/or everyday life.



Our services

The Persistent Pain Service provides Aboriginal and Torres Strait Islander people aged 16 and over, and their immediate families, access to a culturally safe service to manage ongoing pain.

Our deadly team will walk alongside you to look after your health, in your way. We listen without judgement; your story will be respected.

The Persistent Pain Service can support you with:

- understanding your pain and how to best manage it
- accessing services to ease your pain
- access to specialist treatment.

Who we are

The Persistent Pain Service is a partnership between MATSICHS and the Tess Cramond Pain and Research Centre, based at the MATSICHS Specialist Hub in Caboolture.

Our deadly care team includes:

- pain medicine consultants
- nurse care coordinators
- psychologists
- occupational therapists
- physiotherapists
- social workers
- pharmacists.

You might see a combination of our team who will assess and support you to manage your pain.