

What is Mob Link?

Mob Link provides a culturally safe service for Aboriginal and Torres Strait Islander people in South East Queensland.

Our team walks alongside you to access and navigate health and wellbeing services across the local community-controlled network of clinics and within the hospital system.

Who are we?

Mob Link is provided by the team at the Institute for Urban Indigenous Health. Our team includes GPs, nurses, intake officers and social workers from across South East Queensland who specialise in Indigenous health.

Who can access Mob Link?

Mob Link is free for Aboriginal and Torres Strait Islander people of all ages.

Where to start

Call **Mob Link** on **1800 254 354**.

We're available **7 days a week** from **7:00am – 8:00pm**.

When you call, our intake officer will yarn with you about what you need.



Mob Link can offer health advice over the **phone** by **telehealth**.

If you're unable to get an appointment with your regular GP, yarn with one of our deadly nurses or GPs.

We can provide:

- regular prescriptions*
- advice for managing coughs, colds, flu and COVID-19, and prescription of antiviral medications if required
- early pregnancy support
- mental health support
- health advice.

*Medications such as opioids or benzodiazepines cannot be prescribed.

Mob Link can provide connection to:

Transport to and from medical appointments

Social support

IUIH Network clinics
GP services, health checks and planning for chronic disease

Hospital and home visits to develop connections, assess needs and provide advocacy

Allied Health Services
(occupational therapy, physiotherapy, exercise physiology and more)

Care coordination for Mob with **chronic conditions**.

Access to **specialist services** and supports to achieve the best health outcomes.

Connection to **disability** assessment and support services

Family health and wellbeing services
(antenatal and post-natal, early childhood programs)

Cultural support

Child, youth & family health

Legal aid services

MOB LINK

End of life care support

Referral to **IUIH home support** and **aged care** community providers including Regional Assessment Service (RAS) registration and assessment.