



BIRTHING IN OUR COMMUNITY

# Deadly Dads

Is your partner using BiOC services?

**Then you can access BiOC's Deadly Dads service.**

Becoming a dad, especially for the first time, is a huge life-changing experience.

BiOC runs the Deadly Dads service to support men whose partner is birthing their bub through the BiOC service.

Our male social worker provides one-to-one support on areas that include:

- mental health, including anxiety and depression
- transitioning into fatherhood
- understanding your family dynamics
- father/child relationships
- parenting skills
- grief and loss
- emotional health and wellbeing.

Our Deadly Dads service also offers Labour, Birth and Beyond antenatal workshops for expectant first-time dads.

## Who we are

We are a culturally safe health service for families giving birth to an Aboriginal or Torres Strait Islander bub.

Our male social worker will walk alongside you to support you and your journey to fatherhood, in your way. He listens without judgement; your story will be respected.

## Where do I start?

If your partner is birthing through BiOC, give us a call on 1800 MY BIOC to find out more about how our Deadly Dads service can support you.

You can also yarn to your Family Support Practitioner for a referral.



**Bi**RTHING IN OUR COMMUNITY

For more information, phone  
**1800 MY BIOC (1800 69 2462)**

[iuih.org.au/bioc](http://iuih.org.au/bioc)